PATIENT HEALTH RECORD

ABOUT THE PATIENT

Name_____

Address_____

City_____ State_____

Zip _____Home phone _____

Birth date _____ Cell Phone_____

Age _____ Gender _____ Number of children _____

Employer_____

Work address _____

Work phone _____

Type of work _____

Marital Status _____

Social Security # _____

E-mail address_____

Payment method ☐ Cash ☐ Check ☐ Credit card

ABOUT THE SPOUSE

Name _____ Date of Birth _____

Employer _____

Work phone _____

Type of work _____

REASON FOR THIS VISIT

Describe the purpose of this visit _____

_____

Is the purpose of this appointment related to:

☐ Job ☐ Sports ☐ Auto ☐ Fall

☐ Home Injury ☐ Chronic Discomfort ☐ Other

Please explain _____

If job related, have you made a report of your accident to your employer?

☐ Yes ☐ No

When did this condition begin? _____

Has this condition:

☐ gotten worse ☐ stayed constant ☐ comes and goes

Does this condition interfere with:

☐ Work ☐ Sleep ☐ Daily routine ☐ Other activities

Please explain _____

Has this condition occurred before? ☐ Yes ☐ No

Please explain _____

Have you seen other doctors for this condition? ☐ Yes ☐ No

Doctor's Name (s) _____

Type of treatment _____

Results _____

EXPERIENCE WITH CHIROPRACTIC

Who may we thank for referring?_____

Have you seen or heard about us in/on: ☐ Paper ☐ Sign ☐ YP

Have you been adjusted by a Chiropractor before? ☐ Yes ☐ No

Reason for those visits? _____

Doctor's name:_____

Approximate date of last visit:_____

Has anyone in your family seen a Chiropractor? ☐ Yes ☐ No

HEALTH HABITS

	No	Yes
Do you smoke?	☐	☐
Do you drink alcohol?	☐	☐
Do you drink coffee, tea or soda?	☐	☐
Do you exercise regularly?	☐	☐

Do you wear:

☐ Heel lifts ☐ Sole lifts ☐ Inner soles ☐ Arch supports

AWARENESS OF THE CHIROPRACTIC PRINCIPLES

Were you aware that:

Doctors of Chiropractic work with the nervous system? ☐ Yes ☐ No

The nervous system controls all bodily functions and systems? ☐ Yes ☐ No

Chiropractic is the largest natural healing profession in the world? ☐ Yes ☐ No

GOALS FOR MY CARE

People see Chiropractors for a variety of reasons. Some go for relief of pain, some to correct the cause of pain and others for correction of whatever is malfunctioning in their bodies. Your Doctor will weigh your needs and desires when recommending your care program. Please check the type of care desired so that we may be guided by your wishes whenever possible.

- ☐ **Relief care** – Symptomatic relief of pain or discomfort
- ☐ **Corrective care** – Correcting and relieving the cause of the problem as well as the symptom
- ☐ **Comprehensive care** – Bring whatever is malfunctioning in the body to the highest state of health possible with Chiropractic care
- ☐ **I want the Doctor to select the type of care appropriate for my condition.**

MEDICATIONS I NOW TAKE...

- ☐ Cholesterol medication
- ☐ Blood pressure medicine
- ☐ Stimulants
- ☐ Blood thinners
- ☐ Tranquilizers
- ☐ Pain killers (including aspirin)
- ☐ Muscle relaxers
- ☐ Thyroid
- ☐ Insulin
- ☐ _____

Vitamins & Supplements I now take:_____

_____

Please circle the health concern or concerns you may be experiencing now or have experienced in the past. Each area of concern relates to an area of the spine and nerve function.

Headaches
Migraines - Dizziness
Sinus Problems
Allergies - Fatigue
Head Colds
Vision Problems
Difficulty Concentrating
Hearing Problems

Sore Throat - Stiff Neck
Radiating Arm Pain
Hand / Finger Numbness
Asthma –Allergies
High Blood Pressure
Heart Conditions

Middle Back Pain
Congestion
Difficulty Breathing
Bronchitis - Pneumonia
Gallbladder Conditions
Stomach Problems
Ulcers - Gastritis
Kidney Problems

Constipation - Colitis
Diarrhea - Gas Pain
Irritable Bowel
Bladder Problems
Menstrual Problems
Low Back Pain
Pain or Numbness in legs
Reproductive Problems

Other:_____
_____
_____
_____
_____
_____
_____
_____
_____
_____

HEALTH CONDITIONS

Please check each of the diseases or conditions that the patient has now or has had in the past. While they may seem unrelated to the purpose of the appointment, they can affect the overall evaluation, care plan and the possibility of being accepted for care.

- ☐ Severe or frequent headaches
- ☐ Kidney Problems
- ☐ Sinus problems
- ☐ Shingles
- ☐ Ulcers / Colitis
- ☐ Asthma
- ☐ Loss of sleep
- ☐ Pain between shoulders
- ☐ High/Low High blood pressure
- ☐ Difficulty breathing
- ☐ Frequent neck pain
- ☐ Numbness
- ☐ Frequent Colds
- ☐ Heart surgery/pacemaker
- ☐ Arthritis
- ☐ Heart attack/stroke
- ☐ Dizziness
- ☐ Tuberculosis
- ☐ Digestive problems
- ☐ Congenital heart defect
- ☐ Chemotherapy
- ☐ Hepatitis
- ☐ Diabetes
- ☐ Surgeries _____
- ☐ Pain in arms/legs/hands
- ☐ Lower back problems

For women:

Are you pregnant? ☐ Yes ☐ No

Are you nursing? ☐ Yes ☐ No

Are you taking birth control? ☐ Yes ☐ No

Do you experience painful periods? ☐ Yes ☐ No

Do you have irregular cycles? ☐ Yes ☐ No

Do you have breast implants? ☐ Yes ☐ No

AUTHORIZATION FOR CARE

I hereby authorize the Doctor to work with my condition through the use of adjustments to my spine, as he or she deems appropriate. The Doctor will not be held responsible for any pre-existing medically diagnosed conditions nor for any medical diagnosis. I also understand that if I suspend or terminate my care, any fees for professional services rendered me will become immediately due and payable. I hereby authorize assignment of my insurance rights and benefits (if applicable) directly to the provider for services rendered. I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I agree that I am responsible for all bills incurred at this office. I understand and agree that there will be an interest charge of 1.5% per month of any past due account over thirty days. I also understand and agree that if I am in default of this agreement, my balance will be sent to a collections agency and I will be responsible for all costs incurred to collect my delinquent account. My increased balance will be calculated by dividing my current unpaid balance by (.65). In the event an attorney would be required, my unpaid balance would be divided by (.50). I understand that the Doctor's Office will prepare any necessary reports and forms to assist me in collecting from the insurance company and that any amount authorized to be paid directly to the Doctor's Office will be credited to my account on receipt.

_____ _____

Signature Date

_____ _____

Guardian or Spouse's Signature Authorizing Care Date

Who should receive bills for payment on your account?

☐ **Patient** ☐ **Spouse** ☐ **Parent** ☐ **Worker's Comp** ☐ **Auto Insurance** ☐ **Medicare** ☐ **Health Insurance**

Ownership of X-ray Films: It is understood and agreed that the payments to the Doctor for X-rays is for examination of X-rays only. The X-ray negative will remain the property of the office. They are kept on file where they may be seen at any time while I am a patient at this office.

Terms Of Acceptance

When a patient seeks chiropractic care and we accept such a patient for care, it is essential for both to be working towards the same objective.

Chiropractic has only one goal. It is important that each patient understand both the objective and the method that will be able to attain it. This will prevent any confusion or disappointment.

An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments to the spine.

Health is a state of optimal physical, mental and social well being, not merely the absence of disease.

Vertebral Subluxation is a misalignment of one or more of the joints of the body. This can cause pain or alteration of nerve function and interference of the transmission of nerve impulses, lessening the body's innate ability to maintain maximal health.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal evaluation, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxation.

I, _____have read and fully understand the above statement.

Any questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction. I therefore accept chiropractic care on this basis.

Patient's Signature

_____Date_____

Witness_____

Notice Of Privacy Policy

Protecting the privacy of your personal health information is important to us. Disclosure of your protected health information without authorization is strictly limited to defined situations that include emergency care, quality assurance activities, public health, research, and law enforcement activities. Any other disclosures for the purposes of treatment, payment or practice operations will be made only after obtaining your consent.

- You may request restrictions on your disclosures.
- You may inspect and receive copies of your records within 30 days with a request.
- You may request to view changes to your records.
- In the future, we may contact you for appointment reminders, announcements and to inform you about our practice and it's staff.

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow up with multiple healthcare providers who may be involved in that treatment directly or indirectly.
- Obtain payment from third party payers
- Conduct normal healthcare operations such as quality assessments and physician's certifications.

I have read and understand your Notice of Privacy Practices. A more complete description can be requested. I also understand that I can request, in writing, that you restrict how my personal information is used and or disclosed.

Patient Name (Print):_____

Relationship to Patient:_____

Signature:_____ Date:_____

Patient Case History

Chief Concerns:_____
_____

History of Condition:_____
_____

What has been done to help this condition?_____
_____

Prior Illness, Surgery, Accidents: _____
_____

Important questions

The negative things that are associated with my lack of health are: _____

Are you willing to give up: fatigue, sleepless nights, pain, forgetfulness, other health problems, etc. Y N

Are you willing to add: energy, life, great night sleeps, little or no pain, clear mind, decrease in health problems Y N

The positive things that will happen in my life when I am healthy are: _____

What are your health goals:

Present: _____

Future: _____